

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Monday 19th October 10.00am- 12.30pm TOG Hub Monday 19th October Handforth Drama 1pm-3pm Tog hub	Monday Makers Bookmarks TOG Shop 11am-12md Drama with Phil	 
Tuesday 20th October 10:30am-3:30pm, TOG Hub Tuesday 20th October SANDBACH DRAMA 4.30-6.30pm	Together Time Wellbeing activities and gardening Exercise Body & Mind Julia AM Drama The Ballroom Town Hall	 
Wednesday 21st October 6pm – 8.30pm TOG Hub/Park	Active Wednesday Tennis Sue	
Thursday 22nd October 6pm-8:30pm, TOG Hub	Social Thursday Halloween Film Night	
Friday 23rd October 10.30am – 3.30pm TOG Hub	Foodie Friday Theme Indonesian Cuisine	
Saturday 24th October 10.30am – 2.30pm TOG Hub FULLY BOOKED	Creative Saturday Halloween Theme Circus	
Contact numbers: Office- 016250520652 Yvonne 07517274386 Monday-Friday 9am-5pm Sarah – 07517274623 Communications Operator Emma – 07507728624 Emergency contact	Senior Activity Co-ordinators Kirsten- 07517274351 Mon, Tue, Wed, Fri Hallie – 07517274320 Saturdays Yvonne 07517274386 Thurs Stephen Sandbach 07517274565	

Working together for greater independence

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of the Year 2023 by

T: 01625 520652 W: www.timeoutgroup.org.uk
Time Out Group, 25 The Paddock, Handforth, SK9 3HQ | Charity number: 1161863

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COLLEGE



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SIXTH FORM
COLLEGE





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Time Out Group activities 19th October – 24th October

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