

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 21st September – 26th - September

Monday 21st September 10.00am- 12.30pm TOG Hub	Monday Makers Clay game Os x Xs TOG Shop 11am-12md	
Monday 21st September Handforth Drama 1pm-3pm Tog hub	Drama with Phil	
Tuesday 22nd September 10:30am-3:30pm, TOG Hub	Together Time Wellbeing activities and gardening Teamwork /international day of peace	
Tuesday 22nd September SANDBACH DRAMA 4.30-6.30pm	Drama The Ballroom Town Hall	
Wednesday 23rd September 6pm – 8.30pm TOG Hub/Park	Active Wednesday Tai Chi	
Thursday 24th September 6pm-8:30pm, TOG Hub	Social Thursday DJ Spencer in the house come and have a go at being a DJ	
Friday 25th September 10.30am – 3.30pm TOG Hub	Foodie Friday Theme Chinese Cuisine	
Saturday 26th September 11am-2.30pm TOG Hub	Creative Saturday Illusion Art	
Contact numbers: Office- 016250520652 Yvonne 07517274386 Monday-Friday 9am-5pm Sarah – 07517274623 Communications Operator Emma – 07507728624 Emergency contact	Senior Activity Co-ordinators Kirsten- 07517274351 Mon, Tue, Wed, Fri Hallie – 07517274320 Saturdays Yvonne 07517274386 Thurs Suzanne Sandbach 07517274401	

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T: 01625 520652 W: www.timeoutgroup.org.uk
Time Out Group, 25 The Paddock, Handforth, SK9 3HQ | Charity number: 1161863



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Luxome

