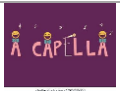


Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 20th July – 25th July

Monday 20th July Monday 20th July Handforth Drama 1pm-3pm Tog hub	Monday Makers Badge making designs TOG Shop 11am-12md Drama with Phil	
Tuesday 21st July 10:30am-3:30pm, TOG Hub Tuesday 21st July SANDBACH DRAMA 4.30-6.30pm	Together Time Wellbeing activities and gardening Space Drama The Ballroom Town Hall	 
Wednesday 22nd July Meet at hub 10.15 return 2.30pm Handforth Wednesday 22nd July 6pm – 8.30pm Seashell Trust Stanley Road, Cheadle Hulme, Heald Green SK8 6RQ	Tatton Park Gardening Active Wednesday Seashell Trust Bikes	 
Thursday 23rd July 6pm-8:30pm, TOG Hub	Social Thursday Acapella singing group	
Friday 24th July 10.30am-3.30pm TOG Hub	Foodie Friday Theme Spanish	
Saturday 25th July 11am-2.30pm TOG Hub	Creative Saturday Still life art	
Contact numbers:	Office – 01625 520652 Yvonne – NUMBER 07517274386 Emma - NUMBER 07517274623 Kirsten – NUMBER 07517274351 Stephen - NUMBER 07517274565 Outreach	

Working together for greater independence

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T: 01625 520652 W: www.timeoutgroup.org.uk
Time Out Group, 25 The Paddock, Handforth, SK9 3HQ | Charity number: 1161863

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