

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 13th July – 18th July

Monday 13 th July 10am – 12.30pm	Monday Makers Card making, keyrings TOG Shop 11am-12md	
Monday 13 th July 1pm – 3pm Handforth Drama	With Phil	
Tuesday 14 th July 10:30am-3:30pm, TOG Hub	Together Time Wellbeing activities and gardening Teamwork, Makaton	
Tuesday 14 th July SANDBACH DRAMA 4.30-6.30pm	Drama The Ballroom Town Hall	
Wednesday 15 th July TOG Trip 1pm-3pm	Pizza Express in Wilmslow meet there	
Wednesday 15 th July 6pm-8.30pm The Hub	Active Wednesday Tennis Sue	
Thursday 16 th July 6pm-8:30pm,	Social Thursday Makaton workshop by Pamela Odele Makaton Tutor	
Friday 17 th July 10.30am-3.30pm TOG Hub	Foodie Friday Bread	
Saturday 18 th July 11am-2.30pm TOG Hub	Creative Saturday Theme Camping	
Contact numbers:	Office – 01625 520652 Yvonne – NUMBER 07517274386 Emma – NUMBER 07517274623 Kirsten – NUMBER 07517274351 Stephen - NUMBER 07517274565 Outreach	

Working together for greater independence

Supported as Charity
of the Year 2023 by

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