

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 6th July – 11th July

Monday 6 th July 10am – 12.30pm	Monday Makers Jewellery making/ Signs for coffee morning TOG Shop 11am-12md	
Monday 6 th July TOG TRIP Fully Booked	Adventure Mini Golf Adlington 12.45 at the hub return 3.30pm	
Tuesday 7 th July 10:30am-3:30pm, TOG Hub	Together Time Wellbeing activities and gardening Hobbies & Skills	
Wednesday 8 th July Tatton Meet at hub 10.15 return 2.30pm Handforth	Tatton Park Gardening	
Wednesday 8 th July 6pm – 8.30pm Tog Hub	Active Wednesday Games evening	
Thursday 9 th July 6pm-8:30pm, TOG Hub	Social Thursday Disco Summer vibe part 1	
Friday 10 th July 10.30am-3.30pm TOG Hub X NO SESSION AT THE HUB X	Foodie Friday Tatton food Festival 2pm-5.30pm	
Saturday 11 th July 11am-2.30pm TOG Hub	Creative Saturday Theme The beach	
Contact numbers:	Office – 01625 520652 Yvonne – NUMBER 07517274386 Emma - NUMBER 07517274623 Kirsten – NUMBER 07517274351 Stephen - NUMBER 07517274565 Outreach	

Working together for greater independence

Supported as Charity of the Year 2023 by

T: 01625 520652 W: www.timeoutgroup.org.uk
Time Out Group, 25 The Paddock, Handforth, SK9 3HQ | Charity number: 1161863

Luxome

