

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 25th May – 30th May

<p>Monday 25th May BANK HOLIDAY CLOSED</p>	<p>Monday Makers TOG Shop 11am-12md</p>	
<p>Tuesday 26th May 10:30am-3:30pm, TOG Hub</p> <p>Tuesday 26th May SANDBACH DRAMA 4.30-6.30pm</p>	<p>Together Time Wellbeing activities and gardening Fire Safety, Fire Brigade visiting with Fire Engine</p> <p>Drama The Ballroom Town Hall</p>	 
<p>Wednesday 27th Meet at hub 10.15 return 2.30pm Handforth</p> <p>Wednesday 27th 6pm – 8.30pm TOG Hub/Park</p>	<p>Tatton Park Gardening</p> <p>Active Wednesday Keep fit with Julia</p>	 
<p>Thursday 28th 6pm-8:30pm, TOG Hub</p>	<p>Social Thursday Disco Night</p>	
<p>Friday 29th May 10.30am-3.30pm TOG Hub</p>	<p>Foodie Friday Budget and planning (Soup, toasties or wraps ?</p>	
<p>Saturday 30th May 11am-2.30pm TOG Hub</p>	<p>Creative Saturday Water colour Vegetable Patch</p>	
<p>Contact numbers:</p>	<p>Office – 01625 520652 Yvonne – NUMBER 07517274386 Emma - NUMBER 07517274623 Kirsten – NUMBER 07517274351 Stephen - NUMBER 07517274565 Outreach</p>	

Working together for greater independence

Supported as Charity of the Year 2023 by

T: 01625 520652 W: www.timeoutgroup.org.uk

Time Out Group, 25 The Paddock, Handforth, SK9 3HQ | Charity number: 1161863

Luxome

