

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 18th May – 23rd May

<p>Monday 18th May 10am – 12.30pm</p> <p>Monday 18th HANDFORTH DRAMA 1pm-3pm TOG Hub</p>	<p>Monday Makers Painting Bags/ Glass painting TOG Shop 11am-12md</p> <p>With Phil</p>	 
<p>Tuesday 19th May 10:30am-3:30pm, TOG Hub</p> <p>Tuesday 19th May SANDBACH DRAMA 4.30-6.30pm</p>	<p>Together Time Wellbeing activities and gardening Exercise Brain and Body. AM Julia</p> <p>Drama The Ballroom Town Hall</p>	 
<p>Wednesday 20th May 6pm-8:30pm, Seashell Trust Stanley Road, Cheadle Hulme, Heald Green SK8 6RQ</p>	<p>Active Wednesday Seashell Trust</p>	 
<p>Thursday 21st May 6pm-8:30pm, TOG Hub</p>	<p>Social Thursday Battleships</p>	
<p>Friday 22nd May 10.30am-3.30pm TOG Hub</p>	<p>Foodie Friday Theme American</p>	
<p>Saturday 23rd May 11am-2.30pm TOG Hub</p>	<p>Creative Saturday Baking</p>	
<p>Contact numbers:</p>	<p>Office – 01625 520652 Yvonne – NUMBER 07517274386 Emma - NUMBER 07517274623 Kirsten – NUMBER 07517274351 Stephen - NUMBER 07517274565 Outreach</p>	