

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 11th May – 16th May

<p>Monday 11th 10am – 12.30pm</p> <p>Monday 11th Drama HANDFORTH 1pm-3pm TOG Hub</p>	<p>Monday Makers Painting Bags/ Jewellery making TOG Shop 11am-12md</p> <p>With Phil</p>	 
<p>Tuesday 12th 10:30am-3:30pm, TOG Hub</p> <p>Tuesday 14th SANDBACH DRAMA 4.30-6.30pm</p>	<p>Together Time Wellbeing activities and gardening Music</p> <p>Drama The Ballroom Town Hall</p>	 
<p>Wednesday 13th 6pm-8:30pm, TOG Hub/Park</p>	<p>Active Wednesday Keep fit with Julia</p>	
<p>Thursday 14th 6pm-8:30pm, TOG Hub</p>	<p>Social Thursday Online games, Hangman and Puzzle quizzes</p>	
<p>Friday 15th May 10.30am-3.30pm TOG Hub</p>	<p>Foodie Friday Theme Italian</p>	
<p>Saturday 16th May 11am-2.30pm TOG Hub</p>	<p>Creative Saturday Bugs/Insects for the garden</p>	
<p>Contact numbers:</p>	<p>Office – 01625 520652 Yvonne – NUMBER 07517274386 Emma - NUMBER 07517274623 Kirsten – NUMBER 07517274351 Stephen - NUMBER 07517274565 Outreach</p>	