

Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 23rd February – 28th February 2026

<p>Monday 23rd 10:30-12:30pm, TOG Hub</p> <p>Monday 23rd HANDFORTH ****NEW**** 1pm-3pm TOG Hub</p>	<p>Monday Makers Finish projects TOG Shop 11am-12md</p> <p>Drama With Phil</p>	 
<p>Tuesday 24th 10:30am-3:30pm, TOG Hub</p> <p>Tuesday 24th SANDBACH 4.30pm - 6.30pm</p>	<p>Together Time Wellbeing activities and gardening Exercise Body & Mind</p> <p>The Ballroom DRAMA</p>	 
<p>Wednesday 25th 6pm-8:30pm, TOG Hub</p>	<p>Active Wednesday Inflatable bowling & darts</p>	
<p>Thursday 26th 6pm-8:30pm, TOG Hub</p>	<p>Social Thursday Battleships</p>	
<p>Friday 27th 10:30-3:30, TOG Hub</p>	<p>Foodie Friday Theme Australian Food</p>	
<p>Saturday 28th 11am-2:30pm, TOG Hub</p>	<p>Creative Saturday Spring Theme Daffodil & cupcake pictures</p>	
<p>Contact numbers:</p>	<p>Office – 01625 520652 Yvonne – NEW NUMBER 07517274386 Kirsten – NEW NUMBER 07517274351 Emma - NEW NUMBER 07517274623</p>	