









Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

Time Out Group activities 14th – 19th April

Monday 14th, 10:30-12:30pm, TOG Hub	Monday Makes TOG Shop	
Monday 14th, 1pm-4pm, Meet at TOG Hub	TOG weekly trip, Team meal	
Tuesday 15th, 10:30am-3:30pm, TOG Hub	Together Time Wellbeing activities and gardening	
Tuesday 15th, 4:30pm-6:30pm, Sandbach Town Hall (Ballroom)	Drama (Sandbach) Fun Drama based activities	
Wednesday 16th, 6pm-8:30pm,	Active Wednesday Tennis Sue	
Thursday 17th, 6pm-8:30pm, TOG Hub	Social Thursday Singing for fun	
Friday 18th,	CLOSED FOR EASTER WEEKEND	
Saturday 19th,	CLOSED FOR EASTER WEEKEND	
Contact numbers:	Office – 01625 520652 Abbie – 07456374646 Debbie – 07429119004 Yvonne – 07735869719	