









## Time Out Group – supported activities for adults aged 18+ with learning disabilities/autism

### Time Out Group activities 22<sup>nd</sup> July – 27<sup>th</sup> July

<b>Monday 22<sup>nd</sup>,</b> 10:30am-12:30pm, TOG Hub	<b>Monday Makes</b> Puppet theatre project	
<b>Monday 22<sup>nd</sup>,</b>	<b>NO TRIP DUE TO SATURDAY 20<sup>th</sup> TRIP</b>	
<b>Tuesday 23<sup>rd</sup>,</b> 10:30am-3:30pm, TOG Hub	<b>Together Time</b> Percussion session	
<b>Wednesday 24<sup>th</sup>,</b> 6pm-8:30pm, Park	<b>Active Wednesday</b> Outdoor games	
<b>Thursday 25<sup>th</sup>,</b> 6pm-8:30pm, TOG Hub	<b>DISCO !</b>	
<b>Friday 26<sup>th</sup>,</b> 10:30am-3:30pm, TOG Hub	<b>Foodie Friday</b> Taste Test challenge	<b>TASTE TEST</b> 
<b>Saturday 27<sup>th</sup>,</b>	<b>Creative Saturday</b> Seaside Theme	
<b>Contact numbers:</b>		
	Abbie – 07456374646 Anna – 07365520459 Debbie – 07429119004 Yvonne – 07735869719 Office – 01625 520652	